

Smithson Ide's life so far has led him nowhere. He's forty-three years old, weighs too much, and keeps himself numb with food and alcohol. His only emotional ties are to his parents and to the memory of his older sister Bethany, who has been missing for twenty years. Then his parents die in a car crash and he learns of Bethany's death in LA County. Drunk and bereft, he takes his old Raleigh bicycle and starts cycling. Once he starts, he finds he can't stop . . .

Smithy's ride is an extraordinary quest, to rediscover the past and memories of Bethany – but it is also his journey back to life.

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